

RESIDENTIAL RECORDS - MEN

AS AT 31-12-2023

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100 metres

Open	Kye Mason	EAG	10.72 Homebush	01-04-22
Junior	Kye Mason	EAG	10.72 Homebush	01-04-22
Under 18	Craig Elliott	BYM	10.6h O.P.	26-02-84
Under 17	Craig Elliott	BYM	10.6h O.P.	26-02-84
Under 16	Craig Elliott	BYM	10.6h O.P.	26-02-84
Under 15	Antonio Vaitohi	BGO	11.12 Lakeside	24-02-18
Under 14	Antonio Vaitohi	BGO	11.52 Homebush	01-04-17
Under 13	Cooper Richardson	EAG	12.63 Flora Hill	01-10-22
Pre-Vet	Brett Gilligan	BGO	11.75 Flora Hill	12-01-19
Veteran 40+	Brett Gilligan	BGO	11.75 Flora Hill	12-01-19
Veteran 50+	David Chisholm	EAG	12.64 Flora Hill	13-10-18
Veteran 60+	Terry Hicks	EAG	13.30 Flora Hill	21-11-15
Veteran 70+	Geoff Shaw	BGO	14.77 Malaga, Spain	06-09-18
Veteran 80+	Ken Bruechert	BYM	16.98 Flora Hill	15-03-14
Veteran 90+				

200 metres

Open	Kye Mason	EAG	21.70 Mackay	08-06-22
Junior	Kye Mason	EAG	21.70 Mackay	08-06-22
Under 18	Craig Elliott	BYM	21.97 Brisbane	09-12-84
Under 17	Craig Elliott	BYM	21.97 Brisbane	09-12-84
Under 16	Antonio Vaitohi	BGO	22.36 Lakeside	10-03-19
Under 15	Antonio Vaitohi	BGO	22.50 Homebush	17-03-18
Under 14	Antonio Vaitohi	BGO	23.49 Homebush	30-03-17
Under 13	Andrew Slessar	SBE	25.4h Flora Hill	30-11-99
Pre-Vet	Damian Horan	EAG	22.94 Flora Hill	11-12-21
Veteran 40+	Nathan Crowley	BEU	23.53 Brisbane	02-04-22
Veteran 50+	Terry Hicks	EAG	25.2h Murrumbena	27-02-05
Veteran 60+	Terry Hicks	EAG	27.58 Flora Hill	18-10-14
Veteran 70+	Geoff Shaw	BGO	30.97 Flora Hill	10-11-18
Veteran 80+	Ken Bruechert	BYM	36.53 Flora Hill	11-01-14
Veteran 90+				

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400 metres

Open	John Fewings	YCW	47.54 O.P.	02-03-85
Junior	Kye Mason	EAG	48.27 Landy Field	12-03-22
Under 18	Luke Rowlatt	BGO	48.57 Lakeside	14-02-15
Under 17	James Bentley	EAG	49.82 Flora Hill	06-03-21
Under 16	James Bentley	EAG	50.92 Flora Hill	16-11-19
Under 15	James Bentley	EAG	51.94 Flora Hill	09-02-19
Under 14	Andrew Slessar	SBE	54.5h Flora Hill	18-11-00
Under 13	Andrew Slessar	SBE	57.5h Flora Hill	27-11-99
Pre-Vet	Nathan Crowley	BEU	51.47 Homebush	12-03-23
Veteran 40+	Nathan Crowley	BEU	51.47 Homebush	12-03-23
Veteran 50+	Terry Hicks	EAG	55.02 Brisbane	28-03-05
Veteran 60+	Terry Hicks	EAG	59.69 Flora Hill	29-10-16
Veteran 70+	Geoff Shaw	BGO	1:08.72 Flora Hill	12-01-19
Veteran 80+				

800 metres

Open	Ben Connor	SBE	1:51.76 Homebush	01-10-06
Junior	Ben Connor	SBE	1:51.76 Homebush	01-10-06
Under 18	Kaine Leech	EAG	1:53.52 Hobart	06-12-09
Under 17	Kaine Leech	EAG	1:53.52 Hobart	06-12-09
Under 16	Avery McDermid	BEU	1:54.86 Lakeside	05-11-23
Under 15	Avery McDermid	BEU	1:59.50 Lakeside	26-02-23
Under 14	Ian Prendergast	BYM	2:04.92 Hobart	26-03-94
Under 13	Ian Prendergast	BYM	2:16.0h Epsom	28-11-92
Pre-Vet	Nathan Crowley	BEU	1:59.06 The Crest, NSW	23-03-23
Veteran 40+	Nathan Crowley	BEU	1:59.06 The Crest, NSW	23-03-23
Veteran 50+	Terry Hicks	EAG	2:02.32 Flora Hill	19-03-05
Veteran 60+	Neil Macdonald	BYM	2:16.2h Flora Hill	07-02-04
Veteran 70+	John Justice	BYM	2:34.92 Flora Hill	09-11-07
Veteran 80+	John Justice	SBE	3:05.16 Flora Hill	07-01-18
Veteran 90+				

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1500 metres

Open	Malcolm Norwood	ECH	3:45.25 O.P.	06-03-84
Junior	Malcolm Norwood	ECH	3:45.25 O.P.	06-03-84
Under 18	Harrison Boyd	BGO	3:49.21 Box Hill	22-12-22
Under 17	Shaun Geraghty	BYM	3:55.93 Homebush	14-03-10
Under 16	Ian Prendergast	BYM	4:00.04 O.P.	23-03-96
Under 15	Luke Padgham	BGO	4:06.26 Perth	11-03-16
Under 14	Kye Jenkin	BYM	4:20.16 Lakeside	10-12-11
Under 13	Ian Prendergast	BYM	4:21.98 O.P.	28-02-93
Pre-Vet	Neil Macdonald	BYM	4:11.0h Eugene, Oregon, USA	05-08-89
Veteran 40+	Neil Macdonald	BYM	4:11.0h Eugene, Oregon, USA	05-08-89
Veteran 50+	Neil Macdonald	BYM	4:17.90 Miyazaki, Japan	16-10-93
Veteran 60+	Mike Bieleny	BEU	4:46.15 Doncaster	11-02-23
Veteran 70+	John Justice	BYM	5:18.84 Flora Hill	17-11-07
Veteran 80+	John Justice	SBE	6:29.76 Flora Hill	16-12-17
Veteran 90+				

1 Mile

Open	Avery McDermid	BEU	4:22.27 Lakeside	02-12-23
Junior	Avery McDermid	BEU	4:22.27 Lakeside	02-12-23
Under 18	Avery McDermid	BEU	4:22.27 Lakeside	02-12-23
Under 17	Avery McDermid	BEU	4:22.27 Lakeside	02-12-23
Under 16	Avery McDermid	BEU	4:22.27 Lakeside	02-12-23
Under 15	Tyler Fynch	SBE	4:54.31 Flora Hill	09-12-23
Under 14	Tyler Fynch	SBE	4:54.31 Flora Hill	09-12-23
Under 13	Logan Tickell	SBE	5:01.93 Flora Hill	02-11-19
Pre-Vet	Russell Jenkins	BEU	5:18.09 Flora Hill	24-11-18
Veteran 40+	Russell Jenkins	BEU	5:18.09 Flora Hill	24-11-18
Veteran 50+	Russell Jenkins	BEU	5:18.09 Flora Hill	24-11-18
Veteran 60+	Kevin Shanahan	EAG	6:52.03 Flora Hill	08-12-18
Veteran 70+	Geoff Shaw	BGO	7:05.94 Flora Hill	02-11-19
Veteran 80+				

RESIDENTIAL RECORDS - MEN

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3000 metres

Open	Andrew Buchanan	BEU	7:55.86 Box Hill	29-04-21
Junior	Malcolm Norwood	ECH	8:03.5h O.P.	22-03-84
Under 18	Malcolm Norwood	ECH	8:17.2h O.P.	01-11-81
Under 17	Logan Tickell	SBE	8:22.62 Lakeside	09-11-23
Under 16	Logan Tickell	SBE	8:46.94 Lakeside	05-11-22
Under 15	Logan Tickell	SBE	8:48.13 Box Hill	25-11-21
Under 14	Jayden Padgham	BEU	9:17.18 Homebush	02-04-19
Under 13	Logan Tickell	SBE	10:02.15 Flora Hill	12-11-19
Pre-Vet	Leigh Purtill	BYM	9:11.6h Flora Hill	05-03-02
Veteran 40+	Leigh Purtill	BYM	9:11.6h Flora Hill	05-03-02
Veteran 50+	Michael Bieleny	BEU	9:37.94 Flora Hill	16-03-13
Veteran 60+	Michael Bieleny	BEU	10:25.73 Flora Hill	17-10-23
Veteran 70+	Leon Gilbert	BGO	12:53.96 Flora Hill	09-11-21
Veteran 80+				

5000 metres

Open	Andrew Buchanan	BEU	13:42.19 Box Hill	02-03-21
Junior	Malcolm Norwood	ECH	13:49.89 O.P.	18-01-84
Under 18	Archie Reid	SBE	14:39.77 Lakeside	09-03-19
Under 17	Logan Tickell	SBE	14:54.62 Lakeside	16-11-23
Under 16	Harrison Boyd	BGO	16:11.34 Flora Hill	15-01-21
Under 15	Bruce Hargreaves	BYM	16:35.0h	
Pre-Vet	Stephen van Rees	BEU	15:44.40 Flora Hill	15-01-21
Veteran 40+	Keith Macdonald	BYM	15:53.0h Epsom	08-02-94
Veteran 50+	Michael Bieleny	BEU	16:36.17 Flora Hill	06-12-12
Veteran 60+	Charles Chambers	BYM	18:06.76 Flora Hill	06-01-14
Veteran 70+	Ian Fookes	BGO	22:07.04 Doncaster	25-04-21
Veteran 80+				

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10,000 metres

Open	Andrew Buchanan	BEU	28:26.14	Box Hill	14-12-19
Junior	Andrew Buchanan	BEU	32:06.85	Flora Hill	16-11-10
Under 18	Archie Reid	SBE	32:56.95	Ballarat	27-01-18
Under 17	Archie Reid	SBE	32:56.95	Ballarat	27-01-18
Under 16	Rik McCaig	EAG	36:11.3h	Epsom	17-01-84
Under 15	Rik McCaig	EAG	36:11.3h	Epsom	17-01-84
Pre-Vet	Keith Macdonald	BYM	32:42.5h	Aberfeldie	26-02-94
Veteran 40+	Keith Macdonald	BYM	32:42.5h	Aberfeldie	26-02-94
Veteran 50+	Charles Chambers	BYM	34:28.66	O.P.	09-04-04
Veteran 60+	Charles Chambers	BYM	38:02.10	Hobart	08-03-14
Veteran 70+	Ken Bruechert	BYM	47:50.46	Flora Hill	09-11-04
Veteran 80+					

2000 m. Steeple

Junior	Craig Logan	BYM	5:51.6h		
Under 18	Jayden Padgham	BEU	6:03.63	Homebush	18-04-21
Under 17	Jayden Padgham	BEU	6:03.63	Homebush	18-04-21
Under 16	Jayden Padgham	BEU	6:03.63	Homebush	18-04-21
Under 15	Jayden Padgham	BEU	6:29.03	Lakeside	29-02-20
Under 14	Jayden Padgham	BEU	6:29.69	Homebush	03-04-19
Pre-Vet	Paul Bennett	BYM	6:43.4h	Epsom	11-11-95
Veteran 40+	Paul Bennett	BYM	6:43.4h	Epsom	11-11-95
Veteran 50+	Kevin Shanahan	EAG	8:03.24	Flora Hill	15-11-08
Veteran 60+	Max McKay	COLL	8:32.5h	Epsom	09-03-90
Veteran 70+	Hunter Gill	BGO	10:57.48	Landy Field	27-01-23
Veteran 80+					

3000 m. Steeple

Open	Craig Logan	BYM	9:09.7h	O.P.	19-12-81
Junior	Craig Logan	BYM	9:09.7h	O.P.	19-12-81
Under 18	Bruce Petts	SBE	9:43.1h	Landy Field	-01-73
Under 17	Bruce Petts	SBE	9:43.1h	Landy Field	-01-73
Under 16	A. Davies	SBE	10:11.9h		
Under 15	A. Davies	SBE	10:11.9h		
Pre-Vet	Paul Boxshall	BGO	10:13.70	Flora Hill	24-01-15
Veteran 40+	Philip Noden	BGO	11:00.63	Cannington, W.A.	06-11-16

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80 m. Hurdles

Under 13	Nicholas Hietbrink	BGO	13.68 Flora Hill	10-12-22
Veteran 70+	Geoff Shaw	BGO	15.72 Flora Hill	07-02-21

90 m. Hurdles

Under 14	Kane Rodda	SBE	13.46 O.P.	30-10-93
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100 m. Hurdles

Under 16	Lachlan Johnson	EAG	13.37 Lakeside	05-12-15
Under 15	Lachlan Johnson	EAG	13.75 Homebush	13-03-15
Veteran 50+	David Chisholm	EAG	17.53 Flora Hill	28-01-19
Veteran 60+	Terry Hicks	EAG	22.10 Landy Field	27-01-20

110 m. Hurdles

Open	Daryl Nettleton	BYM	14.8h Warragul	1985
Junior	Blake Pryse	BYM	14.58 Lakeside	01-03-15
Under 18	Lachlan Johnson	EAG	14.75 Perth	10-03-16
Under 17	Lachlan Johnson	EAG	14.75 Perth	10-03-16
Pre-Vet	Brett Gilligan	BGO	17.08 Flora Hill	13-01-19
Veteran 40+	Brett Gilligan	BGO	17.08 Flora Hill	13-01-19

200 m. Hurdles

Under 16	Fraser Symons	BGO	26.42 Perth	09-03-16
Under 14	Fraser Symons	BGO	28.70 Lakeside	14-02-15

300 m. Hurdles

Veteran 50+	Ken Bruechert	BYM	51.7h Epsom	16-12-89
Veteran 60+	Terry Hicks	EAG	51.99 Flora Hill	08-02-20
Veteran 70+				

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400 m. Hurdles

Open	Angus McKindlay	EAG	54.92 Lakeside	05-03-23
Junior	Angus McKindlay	EAG	54.92 Lakeside	05-03-23
Under 18	Angus McKindlay	EAG	56.78 Homebush	03-12-20
Under 17	Elliot Roberts	SBE	59.67 Flora Hill	11-11-06
Pre-Vet	Brett Gilligan	BGO	58.69 Brisbane	02-04-22
Veteran 40+	Brett Gilligan	BGO	58.69 Brisbane	02-04-22
Veteran 50+	Terry Hicks	EAG	1:03.23 Flora Hill	11-12-04

1500 m. Walk

Open	Duane Cousins	BYM	5:48.6h Epsom	24-10-92
Junior	Duane Cousins	BYM	5:48.6h Epsom	24-10-92
Under 18	Kyle Bryant	EAG	6:15.85 Flora Hill	11-11-06
Under 17	Evan Thompson	SBE	6:16.2h Flora Hill	21-10-00
Under 16	Evan Thompson	SBE	6:16.2h Flora Hill	21-10-00
Under 15	Evan Thompson	SBE	6:36.3h Epsom	13-03-99
Under 14	Evan Thompson	SBE	6:54.68 Hobart	13-12-97
Under 13	Evan Thompson	SBE	7:01.2h Epsom	15-11-97
Pre-Vet	Duane Cousins	EAG	5:56.17 Flora Hill	01-11-08
Veteran 40+	Paul Rance	SBE	6:51.3h Flora Hill	24-11-01
Veteran 50+	Geoff Major	EAG	7:09.0h Epsom	09-03-90
Veteran 60+	Geoff Major	EAG	7:21.7h Epsom	14-12-96
Veteran 70+	Geoff Major	EAG	8:48.91 Flora Hill	13-01-07
Veteran 80+	Geoff Major	EAG	12:14.28 Flora Hill	14-10-17
Veteran 90+				

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3000 m. Walk

Open	Duane Cousins	BYM	12:10.1h Epsom	05-03-94
Junior	Trevor Nancarrow	SBE	12:49.2h Canberra	10-03-84
Under 18	Kyle Bryant	EAG	13:10.76 Flora Hill	04-11-06
Under 17	Trevor Nancarrow	SBE	13:45.1h O.P.	30-11-80
Under 16	Trevor Nancarrow	SBE	13:45.1h O.P.	30-11-80
Under 15	Evan Thompson	SBE	14:57.9h Epsom	29-11-97
Under 14	Evan Thompson	SBE	14:57.9h Epsom	29-11-97
Under 13	Evan Thompson	SBE	14:57.9h Epsom	29-11-97
Pre-Vet	Duane Cousins	EAG	12:19.10 Flora Hill	15-11-08
Veteran 40+	Paul Rance	SBE	14:11.2h Flora Hill	29-07-03
Veteran 50+	Paul Rance	SBE	15:06.08 Ballarat	22-01-11
Veteran 60+	Geoff Major	EAG	15:45.8h Epsom	26-10-96
Veteran 70+	Geoff Major	EAG	17:56.27 Flora Hill	10-09-06
Veteran 80+	Geoff Major	EAG	25:35.02 Flora Hill	01-10-17
Veteran 90+				

5000 m. Walk

Open	Duane Cousins	BYM	20:08.22 O.P.	09-03-06
Junior	Duane Cousins	BYM	21:15.7h Epsom	25-01-92
Under 18	Kyle Bryant	EAG	23:18.63 Flora Hill	21-10-06
Under 17	Evan Thompson	SBE	25:18.6h Flora Hill	15-01-00
Under 16	Evan Thompson	SBE	25:18.6h Flora Hill	15-01-00
Pre-Vet	Duane Cousins	EAG	24:56.81 Flora Hill	13-01-12
Veteran 40+	Paul Rance	SBE	24:59.6h Flora Hill	05-02-02
Veteran 50+	Geoff Major	EAG	26:49.6h Epsom	16-11-96
Veteran 60+	Geoff Major	EAG	26:49.6h Epsom	16-11-96
Veteran 70+	Geoff Major	EAG	31:38.97 Flora Hill	20-01-07
Veteran 80+				

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High Jump

Open	Joseph Baldwin	BGO	2.22	Homebush	28-03-17
Junior	Joseph Baldwin	BGO	2.22	Homebush	28-03-17
Under 18	Brendan Sutcliffe	SBE	2.10	Homebush	19-01-05
Under 17	Brendan Sutcliffe	SBE	2.10	Homebush	19-01-05
Under 16	Brendan Sutcliffe	SBE	2.07	Flora Hill	04-12-04
Under 15	Liam Shadbolt	BGO	2.00	Flora Hill	27-11-21
Under 14	Liam Shadbolt	BGO	1.87	Homebush	13-04-21
Under 13	Jemuel Pryse	BYM	1.58	Flora Hill	07-01-12
Pre-Vet	Brett Gilligan	BGO	1.80	Flora Hill	24-01-15
Veteran 40+	Brett Gilligan	BGO	1.72	Flora Hill	12-01-19
Veteran 50+	Greg Hilson	SBE	1.60	Landy Field	26-01-20
Veteran 60+	Geoff Shaw	BGO	1.42	Flora Hill	03-11-18
Veteran 70+	Geoff Shaw	BGO	1.42	Flora Hill	03-11-18
Veteran 80+					

Long Jump

Open	Kyle Murphy	BGO	7.11	Homebush	26-03-17
Junior	Kyle Murphy	BGO	7.11	Homebush	26-03-17
Under 18	Kyle Murphy	BGO	7.08	Perth	12-03-16
Under 17	Josh Shaw	SBE	6.81	Flora Hill	12-03-06
Under 16	Josh Pickthall	SBE	6.35	Homebush	10-12-06
	Kyle Murphy	BGO	6.35	Lakeside	14-02-15
Under 15	Cooper Saunders	BGO	6.13	Lakeside	13-02-16
Under 14	Callum Healey	EAG	6.03	Brisbane	13-12-03
Under 13	Ricky Nixon	BYM	5.23		
Pre-Vet	Brett Gilligan	BGO	6.14	Flora Hill	05-01-19
Veteran 40+	Brett Gilligan	BGO	6.14	Flora Hill	05-01-19
Veteran 50+	Terry Hicks	EAG	5.59	Landy Field	-01-05
Veteran 60+	Geoff Shaw	BGO	4.67	Flora Hill	06-01-18
Veteran 70+	Geoff Shaw	BGO	4.56	Malaga, Spain	06-09-18
Veteran 80+					

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Triple Jump

Open	Kyle Murphy	BGO	15.36	Lakeside	23-02-18
Junior	Kyle Murphy	BGO	15.36	Lakeside	23-02-18
Under 18	Kyle Murphy	BGO	14.84	Perth	10-03-16
Under 17	P. Oakley	BYM	13.96		
Under 16	Kyle Murphy	BGO	13.75	Santos	06-12-14
Under 15	Gary Cowling	BYM	12.70		
Under 14	Kane Rodda	SBE	11.68	Epsom	13-11-93
Under 13	Cooper Saunders	BYM	10.76	Homebush	13-03-14
Pre-Vet	Brett Gilligan	BGO	12.14	Flora Hill	24-01-15
Veteran 40+	Brett Gilligan	BGO	11.67	Ballarat	26-01-18
Veteran 50+	Terry Hicks	EAG	10.96	Brisbane	27-03-05
Veteran 60+	Geoff Shaw	BGO	9.74	Perth	29-10-16
Veteran 70+	Geoff Shaw	BGO	9.56	Flora Hill	17-02-18
Veteran 80+					

Pole Vault

Open	James Woods	SBE	4.95	Box Hill	26-01-21
Junior	James Woods	SBE	4.95	Box Hill	26-01-21
Under 18	James Woods	SBE	4.95	Box Hill	26-01-21
Under 17	James Woods	SBE	4.80	Perth	07-12-19
Under 16	Jemuel Pryse	BGO	4.40	Santos	06-12-14
Under 15	Jemuel Pryse	BYM	4.00	Homebush	13-03-14
Under 14	Cooper Saunders	BGO	3.35	Homebush	14-03-15
Pre-Vet	Brett Gilligan	BYM	4.55	Flora Hill	17-11-12
Veteran 40+	Brett Gilligan	BGO	4.20	Lakeside	28-04-19
Veteran 50+	Geoff Shaw	BYM	3.40	Flora Hill	22-03-03
Veteran 60+	Geoff Shaw	BGO	3.10	Flora Hill	13-01-19
Veteran 70+	Geoff Shaw	BGO	3.10	Flora Hill	13-01-19
Veteran 80+					

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Javelin

Open	Greg Allan	BYM	62.00	O.P.	01-03-77
Junior	Neale Pollard	SBE	56.20	Landy Field	13-12-87
Under 18	Louis Schenker	BYM	59.00	Flora Hill	23-10-10
Under 17	Tim Driesen	SBE	56.67	Flora Hill	17-12-00
Under 16	Alex Pitt	BGO	56.23	Landy Field	27-01-20
Under 15	Tim Driesen	SBE	53.67	O.P.	06-03-99
Under 14	Tim Driesen	SBE	50.13	O.P.	21-02-98
Under 13	Tim Driesen	SBE	40.32	O.P.	22-02-97
Pre-Vet	Brendan Ward	SBE	52.26	Flora Hill	21-01-07
Veteran 40+	Phil Curtain	SBE	40.52	Aberfeldie	24-03-96
Veteran 50+	Terry Hicks	EAG	38.89	Newborough	24-01-10
Veteran 60+	Terry Hicks	EAG	38.80	Landy Field	26-01-20
Veteran 70+	Geoff Shaw	BGO	27.08	Flora Hill	13-01-19
Veteran 80+	John Justice	SBE	16.94	Flora Hill	27-10-18
Veteran 90+	Frank Barr	SBE	5.89	Flora Hill	21-10-23

Discus

Open	Tim Driesen	SBE	57.55	Homebush	06-03-05
Junior	Tim Driesen	SBE	58.78	Brisbane	05-04-03
Under 18	Tim Driesen	SBE	63.69	Gold Coast	29-06-01
Under 17	Tim Driesen	SBE	62.16	Homebush	13-01-01
Under 16	Tim Driesen	SBE	75.33	Homebush	10-12-99
Under 15	Tim Driesen	SBE	70.10	Perth	25-03-99
Under 14	Tim Driesen	SBE	59.07	Adelaide	26-03-98
Under 13	Tim Driesen	SBE	41.64	Glenhuntly	11-01-97
Pre-Vet	Brett Gilligan	BYM	35.49	Flora Hill	23-01-15
Veteran 40+	Brett Gilligan	BGO	34.84	Ballarat	27-01-18
Veteran 50+	Terry Hicks	EAG	30.52	Landy Field	26-01-13
Veteran 60+	Terry Hicks	EAG	33.09	Flora Hill	01-11-14
Veteran 70+	Geoff Shaw	BGO	25.45	Flora Hill	13-01-19
Veteran 80+	Ron Nancarrow	SBE	16.46	Flora Hill	14-01-17
Veteran 90+	Frank Barr	SBE	8.85	Flora Hill	14-10-23

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Shot Put

Open	Christopher Browne	BGO	15.58	Homebush	02-04-17
Junior	Christopher Browne	BGO	17.31	Homebush	28-03-17
Under 18	Christopher Browne	BGO	18.88	Flora Hill	19-03-16
Under 17	Tim Driesen	SBE	17.02	Flora Hill	25-02-01
Under 16	Tim Driesen	SBE	19.27	Flora Hill	11-01-00
Under 15	Connor Wilson	SBE	16.93	Flora Hill	21-10-23
Under 14	Tim Driesen	SBE	19.39	Epsom	31-01-98
Under 13	Tim Driesen	SBE	14.14	Epsom	01-02-97
Pre-Vet	Brett Gilligan	BGO	10.50	Flora Hill	01-12-18
Veteran 40+	Brett Gilligan	BGO	10.50	Flora Hill	01-12-18
Veteran 50+	Ron Nancarrow	SBE	10.10	Epsom	16-11-91
Veteran 60+	Ron Nancarrow	SBE	10.10	Epsom	14-12-96
Veteran 70+	Ron Nancarrow	SBE	8.88	Flora Hill	09-12-06
Veteran 80+	Ron Nancarrow	SBE	7.56	Flora Hill	16-02-17
Veteran 90+	Frank Barr	SBE	3.61	Flora Hill	07-10-23

Hammer

Open	Tim Driesen	SBE	70.76	Lakeside	02-03-12
Junior	Tim Driesen	SBE	70.62	Brisbane	11-04-02
Under 18	Tim Driesen	SBE	74.42	Adelaide	09-12-00
Under 17	Tim Driesen	SBE	74.42	Adelaide	09-12-00
Under 16	Tim Driesen	SBE	74.33	Flora Hill	11-01-00
Under 15	Tim Driesen	SBE	68.05	Canberra	10-12-98
Under 14	Logan Sandland	BGO	61.05	Doncaster	03-11-19
Pre-Vet	Steve Driesen	SBE	30.40	Epsom	10-02-96
Veteran 40+	Steve Driesen	SBE	30.40	Epsom	10-02-96
Veteran 50+	Craig Graham	EAG	35.65	Flora Hill	27-11-21
Veteran 60+	Hunter Gill	BYM	28.07	Flora Hill	21-12-13
Veteran 70+	Hunter Gill	BGO	29.57	Flora Hill	09-11-19
Veteran 80+	Ron Nancarrow	SBE	19.62	Flora Hill	04-03-17
Veteran 90+	Frank Barr	SBE	6.19	Flora Hill	04-11-23

Decathlon

Open	David Purdon	SBE	6287 O.P.	19/20-12-98
Junior	Blake Pryse	BGO	7082 Brisbane	27/28-03-15
Under 18	Blake Pryse	BYM	7079 Santos	16/17-02-13

RESIDENTIAL RECORDS - MEN

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Heptathlon

Under 16	Philip Oliver	BYM	4352 O.P.	8/9-01-94
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Pentathlon

Under 14	Alex Ingram	SHEP	3128 O.P.	15-12-02
Pre-Vet	Brett Gilligan	BYM	2666 Flora Hill	22-12-12
Veteran 40+	Tracy Wilson	EAG	2406 Flora Hill	24-11-07
Veteran 50+	Terry Hicks	EAG	2486 Raratonga	25-10-04
Veteran 60+	Terry Hicks	EAG	1634 Flora Hill	17-12-16
Veteran 70+				

4 x 100 m. Relay

Open	South Bendigo	43.26	Landy Field	24-01-99
Junior	Regional Team	43.98	Box Hill	24-11-18
Club Team	Eaglehawk	44.07	Flora Hill	18-12-21
	Kenan Seebah, Kye Mason, Cameron Smith, Angus McKindlay			
Under 18	Regional Team	43.98	Box Hill	24-11-18
	Benjamin Powell BGO, James Miller BGO, Jakob Butcher BGO, Antonio Vaitohi BGO			
Club Team	Eaglehawk	44.76	Landy Field	26-01-20
	Kenan Seebah, Kye Mason, James Bentley, Angus McKindlay			
Under 17	Regional Team	44.94	Lakeside	26-11-16
Club Team	Bendigo Harriers	45.11	Ballarat	28-01-18
	Jakob Butcher, Hakan Karhan, Cooper Saunders, Ben Powell			
Under 16	Regional Team	44.94	Lakeside	26-11-16
	Harkan Karhan BGO, Benjamin Powell BGO, Mitchell Graham BGO, Luke Padgham BGO			
Club Team	Bendigo Harriers	46.63	Lakeside	25-11-12
	Connor Cudmore, Luke Rowlatt, Joshua Powell, Matthew Barnes			
Under 15	Bendigo Harriers	47.65	Landy Field	24-01-16
	Ryan Shaw, Benjamin Powell, Luke Padgham, Fraser Symons			
Under 14	Bendigo YMCA	49.6h	O.P.	16-12-90
	Philip Oliver, Pascoe, Toby Byrne, Troy Atherton			
Under 13	Bendigo YMCA	54.38	Flora Hill	04-02-12
	Jemuel Pryse, Ben McKinley, Anthony Dempster, Declan Rochford			

RESIDENTIAL RECORDS - MEN

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4 x 100 m. Relay

Pre-Vet	Regional Team	49.77 Lakeside	28-11-15
Club Team	Eaglehawk YMCA	51.12 Flora Hill	05-02-11
Veteran 40+	Regional Team	49.77 Lakeside	28-11-15
	Glenn Stephens SBE, David Chisholm EAG, Russel Henthorn EAG, Tim Sullivan EAG		
Club Team	Eaglehawk YMCA	51.12 Flora Hill	05-02-11
	David Chisholm, Jeff Pethybridge, Terry Hicks, Tracy Wilson		
Veteran 50+	Eaglehawk	54.27 Flora Hill	18-12-21
	Chris Kadri, David Chisholm, Terry Hicks, Antony Langdon		
Veteran 60+	Eaglehawk YMCA	59.21 Landy Field	24-01-16
	Geoffrey Whitehall, Bill Carr, Brian Cornell, Kevin Shanahan		
Veteran 70+	Bendigo Harriers	1:26.5 Flora Hill	19-11-22
	Leon Gilbert, Geoff Shaw, Hunter Gill, John Watson		
Veteran 80+			

RESIDENTIAL RECORDS - MEN

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4 x 200 m. Relay

Open	South Bendigo	1:32.14 Flora Hill	24-10-15
	Joshua Pickthall, Nigel Self, Jake Hilson, Matthew Cindric		
Junior	Bendigo YMCA	1:33.5h Epsom	27-11-93
	David Colville, Scott Boxshall, Aaron Gamble, Marty Duke		
Under 18	Bendigo YMCA	1:35.9h Epsom	24-10-92
	David Colville, Matthew Saunders, Toby Byrne, Marty Duke		
Under 17	Eaglehawk	1:37.79 Flora Hill	08-02-20
	Alec Colturi, James Bentley, Harry Roberts, Kenan Seebah		
Under 16	South Bendigo	1:38.3h Epsom	12-11-88
	Anthony Downes, Brett Goodman, Andrew Creek, Murray Anderson		
Under 15	Bendigo YMCA	1:44.51 O.P.	18-02-90
Under 14	Bendigo YMCA	1:44.51 O.P.	18-02-90
	Philip Oliver, Pascoe, Toby Byrne, Troy Atherton		
Under 13	Bendigo YCW	1:59.6h	
Pre-Vet	Eaglehawk	1:47.55 Flora Hill	24-10-15
Veteran 40+	Eaglehawk	1:47.55 Flora Hill	24-10-15
	Dave Chisholm, Antony Langdon, Terry Hicks, Tim Sullivan		
Veteran 50+	Eaglehawk	1:49.39 Flora Hill	13-03-21
	Glenn Stephens, Chris Kadri, David Chisholm, Antony Langdon		
Veteran 60+	Eaglehawk	2:08.85 Flora Hill	09-12-17
	Peter Savage, Terry Hicks, Kevin Shanahan, Brian Cornell		
Veteran 70+	Bendigo Harriers	3:00.65 Flora Hill	10-12-22
	Geoff Shaw, Paul Martin, Hunter Gill, John Watson		
Veteran 80+			

RESIDENTIAL RECORDS - MEN

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4 x 400 m. Relay

Open	Regional Team	3:21.46 Lakeside	28-11-15
	Joshua Pickthall SBE, Nigel Self SBE, Matthew Cindric SBE, Luke Rowlatt BGO		
Club Team	South Bendigo	3:23.97 Lakeside	29-11-14
	Joshua Pickthall, Matthew Cindric, Zach Nelson, Nigel Self		
Junior	Regional Team	3:24.30 Lakeside	15-12-22
	Angus McKindlay EAG, Cameron Smith EAG, Jackson Eadon BGO, Oliver Muggleton SBE		
Club Team	Bendigo Harriers	3:28.95 Lakeside	29-11-14
Under 18	Bendigo Harriers	3:28.95 Lakeside	29-11-14
	Thomas Smith, Luke Rowlatt, Connor Cudmore, Caleb Spruce		
Under 17	Regional Team	3:33.69 Lakeside	26-11-16
Club Team	Bendigo Harriers	3:38.61 Lakeside	25-11-12
Under 16	Regional Team	3:33.69 Lakeside	26-11-16
	Nick Myers BGO, Riley Osborne BGO, Jack Parker BGO, Mitchell Graham BGO		
Club Team	Bendigo Harriers	3:38.61 Lakeside	25-11-12
	Luke Rowlatt, Matthew Barnes, Connor Cudmore, Joshua Powell		
Under 15	Bendigo Harriers	3:51.24 Lakeside	25-11-12
	Luke Doyle, Kye Jenkyn, Lewis Cain, Spain Ndikumana		
Under 14	Bendigo YMCA	4:00.7h O.P.	16-12-90
Under 13	Bendigo Harriers	4:28.70 Lakeside	29-11-14
	Dyson Daniels, Lachlan Balcke, Chris Cox, Daniel Baldwin		
Pre-Vet	Regional Team	3:50.83 Lakeside	28-11-15
Club Team	Eaglehawk YMCA	3:55.49 Flora Hill	20-11-10
Veteran 40+	Regional Team	3:50.83 Lakeside	28-11-15
	Glenn Stephens SBE, Philip Noden BGO, David Chisholm EAG, Greg Hilson SBE		
Club Team	Bendigo Harriers	3:52.29 Flora Hill	30-01-22
	Brett Gilligan, Peter Clarke, David Morrissey, Luke Matthews		
Veteran 50+	Regional Team	4:14.41 Lakeside	11-11-17
	Terry Hicks EAG, Mike Bieleny BEU, Craig Green BEU, David Heislars BEU		
Club Team	Eaglehawk	4:21.82 Flora Hill	19-10-19
	Chris Kadri, Terry Hicks, Antony Langdon, David Chisholm		
Veteran 60+	Eaglehawk	5:06.38 Flora Hill	12-11-16
	Brian Cornell, Kevin Shanahan, Peter Savage, Terry Hicks		
Veteran 70+	Bendigo Harriers	5:59.43 Flora Hill	25-11-22
	Leon Gilbert, Garnet Rodda, Hunter Gill, Geoff Shaw		
Veteran 80+			

RESIDENTIAL RECORDS - MEN

AS AT 31-12-2023

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4 x 800 m. Relay

Open	Bendigo YMCA	8:03.45 Flora Hill	27-11-07
Junior	Bendigo YMCA	8:11.10 O.P.	16-12-95
Under 18	Bendigo YMCA	8:11.10 O.P.	16-12-95
	Craig Lister, Luke Kiely, Ian Prendergast, Andrew Merchant		
Under 17	South Bendigo	9:10.2h Flora Hill	26-11-02
Under 16	Bendigo YMCA	9:14.6h Flora Hill	25-11-03
Pre-Vet	Eaglehawk YMCA	9:24.21 Flora Hill	08-02-11
Veteran 40+	Eaglehawk YMCA	9:24.21 Flora Hill	08-02-11
	Terry Hicks, Jeff Pethybridge, David Chisholm, Tracy Wilson		
Veteran 50+	Bendigo University	10:14.76 Flora Hill	16-02-17
	David Heislars, Ross Douglas, James Russell, Mike Bieleny		
Veteran 60+	Bendigo Harriers	13:15.45 Flora Hill	09-11-13
	Hunter Gill, Tony Fahy, Paul Martin, Leon Gilbert		
Veteran 70+	Bendigo Harriers	15:06.36 Flora Hill	10-01-23
	Garnet Rodda, Paul Martin, Leon Gilbert, Hunter Gill		
Veteran 80+			

4 x 1500 m. Relay

Open	Bendigo YMCA	16:49.26 Flora Hill	01-02-11
	Shaun Geraghty, Brady Threlfall, Jamie Cook, Cody Williamson		
Junior	Bendigo YMCA	18:44.93 Flora Hill	23-11-04
Under 18	Bendigo YMCA	18:44.93 Flora Hill	23-11-04
Pre-Vet	Regional Team	18:57.98 Lakeside	28-11-15
Club Team	Bendigo YMCA	19:13.4h Flora Hill	03-12-02
Veteran 40+	Regional Team	18:57.98 Lakeside	28-11-15
	Philip Noden BGO, Greg Hilson SBE, Craig Green BGO, Peter Cowell BGO		
Club Team	Bendigo YMCA	19:13.4h Flora Hill	03-12-02
	Craig Burnett, Paul Bennett, Ian Bowles, Charles Chambers		
Veteran 50+	Regional Team	19:55.65 Lakeside	11-11-17
	Mike Bieleny BEU, David Heislars BEU, Rossi Evans BGO, Craig Green BEU		
Club Team	Bendigo University	20:43.10 Flora Hill	14-02-20
	David Lonsdale, Craig Green, Mike Bieleny, Russell Jenkins		
Veteran 60+	Bendigo Harriers	24:56.27 Flora Hill	15-01-13
	Garnet Rodda, Leon Gilbert, Tony Fahy, Hunter Gill		
Veteran 70+	Bendigo Harriers	30:00.79 Flora Hill	10-01-23
	Garnet Rodda, Paul Martin, Leon Gilbert, Hunter Gill		
Veteran 80+			

RESIDENTIAL RECORDS - MEN

AS AT 31-12-2023

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Medley Relay

Open	Bendigo Harriers	3:35.86 Lakeside	29-11-14
Junior	Bendigo Harriers	3:35.86 Lakeside	29-11-14
Under 18	Bendigo Harriers	3:35.86 Lakeside	29-11-14
	Thomas Smith (200), Andrew Bruce (200)		
	Luke Rowlatt (400), Kye Jenkyn (800)		
Under 17	Regional Team	3:43.32 Lakeside	26-11-16
Club Team	Bendigo Harriers	3:50.54 Lakeside	25-11-12
Under 16	Regional Team	3:43.32 Lakeside	26-11-16
	Harkan Karhan BGO (200), Ryan Shaw BGO (200)		
	Benjamin Powell BGO (400), Luke Padgham BGO (800)		
Club Team	Bendigo Harriers	3:50.54 Lakeside	25-11-12
	Connor Cudmore (200), Joshua Powell (200)		
	Luke Rowlatt (400), Kye Jenkyn (800)		
Under 15	Bendigo Harriers	3:57.95 Lakeside	29-11-14
Under 14	Bendigo Harriers	3:57.95 Lakeside	29-11-14
	Cody Nicholas (200), Fraser Symons (200)		
	Benjamin Powell (400), Luke Padgham (800)		
Under 13	Bendigo Harriers	4:37.70 Lakeside	29-11-14
	Dyson Daniels (200), Chris Cox (200)		
	Daniel Baldwin (400), Lachlan Balcke (800)		
Pre-Vet	Eaglehawk YMCA	3:58.47 Flora Hill	07-12-10
Veteran 40+	Eaglehawk YMCA	3:58.47 Flora Hill	07-12-10
	Terry Hicks (800), Tracy Wilson (400)		
	Jeff Pethybridge (200), David Chisholm (200)		
Veteran 50+	Eaglehawk	5:00.85 Flora Hill	17-10-15
Veteran 60+	Eaglehawk	5:00.85 Flora Hill	17-10-15
	Laurie Preston (200), Peter Savage (200)		
	Brian Cornell (400), Terry Hicks (800)		
Veteran 70+			

RESIDENTIAL RECORDS - WOMEN

AS AT 31-12-2023

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100 metres

Open	Sophie Taylor	EAG	11.87 Lakeside	25-02-12
Under 20	Sophie Taylor	EAG	11.87 Lakeside	25-02-12
Under 18	Sophie Taylor	EAG	11.87 Lakeside	25-02-12
Under 16	Sophie Taylor	EAG	11.93 Homebush	13-03-11
Under 15	Sophie Taylor	EAG	12.30 Homebush	13-03-10
Under 14	Sophie Taylor	EAG	12.33 O.P.	07-11-08
Under 13	Sophie Taylor	EAG	12.98 Albury	26-01-08
Pre-Vet	Jasmin Hurst	EAG	13.78 Flora Hill	07-10-23
Veteran 35+	Toni Phillips	EAG	14.24 Flora Hill	01-12-12
Veteran 40+	Toni Phillips	EAG	14.24 Flora Hill	01-12-12
Veteran 50+	Kathryn Heagney	EAG	14.42 Doncaster	24-03-12
Veteran 60+	Kathryn Heagney	EAG	14.42 Doncaster	24-03-12
Veteran 70+	Kathryn Heagney	EAG	16.35 Flora Hill	12-11-22
Veteran 80+				

200 metres

Open	Emily Lawson	SBE	24.05 Homebush	16-03-14
Under 20	Emily Lawson	SBE	24.05 Homebush	16-03-14
Under 18	Emily Lawson	SBE	24.05 Homebush	16-03-14
Under 16	Sophie Taylor	EAG	24.15 Homebush	11-03-11
Under 15	Sophie Taylor	EAG	24.45 Homebush	14-03-10
Under 14	Sophie Taylor	EAG	25.06 Canberra	04-12-08
Under 13	J. Kupke	SBE	26.0h B.S.C.	1971
Pre-Vet	Jasmin Hurst	EAG	27.79 Flora Hill	14-10-23
Veteran 35+	Tracy Farrell	EAG	29.33 Flora Hill	20-11-10
Veteran 40+	Tracy Farrell	EAG	29.33 Flora Hill	20-11-10
Veteran 50+	Kathryn Heagney	EAG	30.40 Flora Hill	15-01-12
Veteran 60+	Kathryn Heagney	EAG	30.40 Flora Hill	15-01-12
Veteran 70+	Kathryn Heagney	EAG	34.93 Flora Hill	19-11-22
Veteran 80+				

RESIDENTIAL RECORDS - WOMEN

AS AT 31-12-2023

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400 metres

Open	Emily Lawson	SBE	54.25 Homebush	14-03-14
Under 20	Emily Lawson	SBE	54.25 Homebush	14-03-14
Under 18	Emily Lawson	SBE	54.25 Homebush	14-03-14
Under 16	Emily Lawson	SBE	57.12 Homebush	17-03-12
Under 15	Brittany Eastman	SBE	57.63 Flora Hill	05-02-05
Under 14	Rebecca Luke	SBE	58.30 O.P.	23-02-08
Under 13	Brittany Eastman	SBE	1:00.6h Flora Hill	07-12-02
Pre-Vet	Jasmin Hurst	EAG	1:04.10 Flora Hill	07-10-23
Veteran 35+	Tracy Farrell	EAG	1:05.4h Flora Hill	23-10-10
Veteran 40+	Tracy Farrell	EAG	1:05.4h Flora Hill	23-10-10
Veteran 50+	Kathryn Heagney	EAG	1:08.15 Flora Hill	26-11-11
Veteran 60+	Kathryn Heagney	EAG	1:08.15 Flora Hill	26-11-11
Veteran 70+	Kathryn Heagney	EAG	1:22.39 Flora Hill	15-10-22
Veteran 80+				

800 metres

Open	Libby Jones	EAG	2:09.65 O.P.	13-12-91
Under 20	Libby Jones	EAG	2:09.65 O.P.	13-12-91
Under 18	Libby Jones	EAG	2:09.65 O.P.	13-12-91
Under 16	Libby Jones	EAG	2:10.0h O.P.	17-01-91
Under 15	Libby Jones	EAG	2:13.63 Canberra	12-12-88
Under 14	Libby Jones	EAG	2:13.63 Canberra	12-12-88
Under 13	Brigitte Healey	EAG	2:21.15 Flora Hill	17-09-06
Pre-Vet	Sophie Hawken	SBE	2:19.47 Flora Hill	15-10-11
Veteran 35+	Meredith Cook	BYM	2:27.49 Flora Hill	20-11-10
Veteran 40+	Michelle Stevenson	EAG	2:32.42 Flora Hill	29-01-11
Veteran 50+	Kathryn Heagney	EAG	2:41.54 Sacramento, California, USA	11-07-11
Veteran 60+	Kathryn Heagney	EAG	2:41.54 Sacramento, California, USA	11-07-11
Veteran 70+	Kathryn Heagney	EAG	3:27.19 Ballarat	22-01-21
Veteran 80+				

RESIDENTIAL RECORDS - WOMEN

AS AT 31-12-2023

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1500 metres

Open	Teleah Hayes	SBE	4:18.14 Carrara	15-02-18
Under 20	Tullie Rowe	BEU	4:25.74 Doncaster	16-03-23
Under 18	Lois Bickley	SBE	4:31.5h O.P.	04-02-75
Under 16	Tullie Rowe	BEU	4:38.11 Doncaster	12-03-20
Under 15	Chelsea Tickell	SBE	4:41.54 Lakeside	24-02-23
Under 14	Chelsea Tickell	SBE	4:41.54 Lakeside	24-02-23
Under 13	Taryn Furletti	SBE	4:57.12 Lakeside	12-02-16
Pre-Vet	Sophie Hawken	SBE	4:44.32 Flora Hill	08-12-11
Veteran 35+	Meredith Cook	BYM	4:45.53 Flora Hill	21-11-09
Veteran 40+	Jo-Anne Keely	BEU	5:05.41 Flora Hill	05-03-05
Veteran 50+	Jill Wilkie	BGO	5:24.57 Flora Hill	20-11-21
Veteran 60+	Heather Carr	EAG	6:47.49 Flora Hill	14-01-12
Veteran 70+	Kathryn Heagney	EAG	7:27.61 Flora Hill	27-02-21
Veteran 80+				

1 Mile

Open	Teleah Hayes	SBE	4:47.7h Melbourne University	06-02-18
Under 20	Tullie Rowe	BEU	4:53.62 Aberfeldie	09-02-23
Under 18	Chelsea Tickell	SBE	5:05.10 Lakeside	02-12-23
Under 16	Chelsea Tickell	SBE	5:05.10 Lakeside	02-12-23
Under 15	Chelsea Tickell	SBE	5:05.10 Lakeside	02-12-23
Under 14	Chelsea Tickell	SBE	5:20.08 Aberfeldie	09-02-23
Under 13	Chelsea Tickell	SBE	5:28.66 Lakeside	08-02-22
Pre-Vet	Anne Buckley	BGO	6:12.89 Flora Hill	08-12-18
Veteran 35+	Anne Buckley	BGO	6:12.89 Flora Hill	08-12-18
Veteran 40+	Anne Buckley	BGO	6:12.89 Flora Hill	08-12-18
Veteran 50+	Anne Buckley	BGO	6:12.89 Flora Hill	08-12-18
Veteran 60+	Jennifer Payne	SBE	7:41.71 Flora Hill	14-12-19
Veteran 70+				

RESIDENTIAL RECORDS - WOMEN

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3000 metres

Open	Teleah Hayes	SBE	9:28.04 Lakeside	09-11-17
Under 20	Tullie Rowe	BEU	9:32.78 Box Hill	09-03-23
Under 18	Clare McKechnie	SBE	9:50.38 Canberra	22-02-03
Under 16	Taryn Furletti	SBE	9:57.13 Santos	10-12-17
Under 15	Taryn Furletti	SBE	9:57.13 Santos	10-12-17
Pre-Vet	Meredith Cook	BYM	10:19.35 Flora Hill	19-11-11
Veteran 35+	Meredith Cook	BYM	10:19.35 Flora Hill	19-11-11
Veteran 40+	Ingrid Woodward	BEU	10:51.93 Flora Hill	25-10-22
Veteran 50+	Ingrid Woodward	BEU	10:51.93 Flora Hill	25-10-22
Veteran 60+	Heather Carr	EAG	14:10.68 Flora Hill	13-01-12
Veteran 70+				

5000 metres

Open	Teleah Hayes	SBE	16:15.15 Flora Hill	31-10-17
Under 20	Clare McKechnie	SBE	16:46.67 O.P.	01-03-03
Under 18	Clare McKechnie	SBE	16:46.67 O.P.	01-03-03
Pre-Vet	Meredith Cook	BYM	17:28.85 O.P.	26-11-09
Veteran 35+	Meredith Cook	BYM	17:28.85 O.P.	26-11-09
Veteran 40+	Anne Buckley	BYM	19:26.10 Doncaster	25-03-12
Veteran 50+	Jill Wilkie	BGO	19:37.85 Doncaster	25-04-21
Veteran 60+	Jennifer Payne	SBE	26:56.72 Flora Hill	13-10-18
Veteran 70+				

10,000 metres

Open	Teleah Hayes	SBE	34:55.35 Lakeside	14-12-17
Under 20	Clare McKechnie	SBE	35:05.61 O.P.	14-12-02
Pre-Vet	Meredith Cook	BYM	36:31.01 Newborough	24-01-10
Veteran 35+	Meredith Cook	BYM	36:31.01 Newborough	24-01-10
Veteran 40+	Anne Buckley	BYM	40:45.02 Newborough	24-01-10
Veteran 50+	Anne Buckley	BGO	44:08.35 Lakeside	26-04-19
Veteran 60+				

RESIDENTIAL RECORDS - WOMEN

AS AT 31-12-2023

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1500 m. Walk

Open	Annette Major	EAG	6:47.0h Epsom	20-02-99
Under 20	Sibon Fuzzard	SBE	6:59.4h Flora Hill	25-10-03
Under 18	Sibon Fuzzard	SBE	6:59.4h Flora Hill	25-10-03
Under 16	Sibon Fuzzard	SBE	6:59.4h Flora Hill	25-10-03
Under 15	Sibon Fuzzard	SBE	6:59.4h Flora Hill	25-10-03
Under 14	Natalie Gleeson	BYM	7:01.76 O.P.	02-11-98
Under 13	Ebony Whiley	EAG	7:04.69 O.P.	11-11-07
Pre-Vet	Annette Major	EAG	6:47.0h Epsom	20-02-99
Veteran 35+	Annette Major	EAG	6:47.0h Epsom	20-02-99
Veteran 40+	Annette Major	EAG	6:58.96 Flora Hill	22-01-05
Veteran 50+	Heather Carr	EAG	7:28.01 O.P.	-03-08
Veteran 60+	Heather Carr	EAG	7:52.15 Flora Hill	14-01-12
Veteran 70+				

3000 m. Walk

Open	Jess Rothwell	SBE	14:18.5h Flora Hill	16-10-04
Under 20	Jess Rothwell	SBE	14:18.5h Flora Hill	16-10-04
Under 18	Jess Rothwell	SBE	14:18.5h Flora Hill	16-10-04
Under 16	Jess Rothwell	SBE	14:18.5h Flora Hill	16-10-04
Under 15	Zahra Hayes	SBE	14:33.82 Perth	09-03-16
Under 14	Zoe Boldiston	SBE	14:46.13 Homebush	11-03-11
Pre-Vet	Annette Major	EAG	14:27.4h Epsom	06-02-99
Veteran 35+	Annette Major	EAG	14:27.4h Epsom	06-02-99
Veteran 40+	Annette Major	EAG	14:54.27 Flora Hill	15-01-05
Veteran 50+	Heather Carr	EAG	15:21.94 Ballarat	22-01-11
Veteran 60+	Heather Carr	EAG	15:21.94 Ballarat	22-01-11
Veteran 70+				

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5000 m. Walk

Open	Jess Rothwell	EAG	21:03.33 O.P.	20-02-09
Under 20	Jess Rothwell	EAG	21:03.33 O.P.	20-02-09
Under 18	Zoe Boldiston	SBE	23:55.31 Perth	14-03-13
Under 16	Zoe Boldiston	SBE	23:55.31 Perth	14-03-13
Pre-Vet	Annette Major	EAG	25:39.46 Landy Field	24-01-99
Veteran 35+	Annette Major	EAG	25:39.46 Landy Field	24-01-99
Veteran 40+	Annette Major	EAG	26:35.41 Landy Field	-01-05
Veteran 50+	Heather Carr	EAG	27:08.11 Ballarat	21-01-11
Veteran 60+	Heather Carr	EAG	27:08.11 Ballarat	21-01-11
Veteran 70+				

80 m. Hurdles

Under 14	Brigitte Dillon	EAG	12.00 Canberra	04-12-08
Under 13	Monique Gavriliadis	BGO	13.28 Flora Hill	07-01-17
Veteran 40+	Toni Phillips	EAG	13.58 Flora Hill	07-01-17
Veteran 50+	Trudy Haines	SBE	16.27 Lakeside	08-01-22
Veteran 60+	Joan Self	SBE	18.52 Flora Hill	14-01-23
Veteran 70+				

90 m. Hurdles

Under 16	Danielle Dillon	EAG	12.76 Homebush	08-12-06
Under 15	Brigitte Dillon	EAG	12.95 O.P.	08-11-09

100 m. Hurdles

Open	Carlie Whitford	EAG	15.28 Lakeside	28-02-15
Under 20	Carlie Whitford	EAG	15.28 Lakeside	28-02-15
Under 18	Brigitte Dillon	EAG	14.04 Doncaster	04-12-10
Pre-Vet	Denise Snyder	EAG	16.86 Flora Hill	22-01-22
Veteran 35+	Jenny Dillon	EAG	22.3h Flora Hill	13-12-03

200 m. Hurdles

Under 16	Brigitte Dillon	EAG	28.59 Doncaster	05-12-10
Under 14	Danielle Dillon	EAG	28.60 O.P.	29-10-05

RESIDENTIAL RECORDS - WOMEN

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300 m. Hurdles

Veteran 50+	Trudy Haines	SBE	1:06.19	Flora Hill	11-12-21
Veteran 60+	Joan Self	SBE	1:12.97	Flora Hill	16-01-21

400 m. Hurdles

Open	Carlie Whitford	EAG	1:03.62	Lakeside	10-02-13
Under 20	Carlie Whitford	EAG	1:03.62	Lakeside	10-02-13
Under 18	Carlie Whitford	EAG	1:03.62	Lakeside	10-02-13
Pre-Vet	Keely Trew	SBE	1:14.61	Flora Hill	17-12-22
Veteran 35+	Michelle Stevenson	EAG	1:20.73	Ballarat	21-01-11
Veteran 40+	Michelle Stevenson	EAG	1:20.73	Ballarat	21-01-11

2000 m. Steeple

Under 20	Clare McKechnie	SBE	6:58.96	Hobart	07-12-02
Under 18	Clare McKechnie	SBE	6:58.96	Hobart	07-12-02
Under 16	Taryn Furletti	SBE	7:00.26	Santos	08-12-17
Pre-Vet	Anne Buckley	BYM	8:45.90	Albury	26-01-08
Veteran 35+	Anne Buckley	BYM	8:45.90	Albury	26-01-08
Veteran 40+	Anne Buckley	BYM	8:45.90	Albury	26-01-08
Veteran 50+	Anne Buckley	BGO	9:16.97	Flora Hill	29-01-22
Veteran 60+	Kathryn Heagney	EAG	10:48.00	Flora Hill	29-02-20
Veteran 70+	Kathryn Heagney	EAG	11:16.92	Ballarat	23-01-21
Veteran 80+					

3000 m. Steeple

Open	Taryn Furletti	SBE	11:12.29	Lakeside	20-02-21
Under 20	Taryn Furletti	SBE	11:12.29	Lakeside	20-02-21

RESIDENTIAL RECORDS - WOMEN

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Long Jump

Open	Jorja Morrison	EAG	5.70	Flora Hill	18-03-23
Under 20	Jorja Morrison	EAG	5.70	Flora Hill	18-03-23
Under 18	Jorja Morrison	EAG	5.70	Flora Hill	18-03-23
Under 16	Denise Snyder	EAG	5.61	O.P.	11-11-07
Under 15	Sophie Taylor	EAG	5.52	O.P.	27-02-10
Under 14	Madeleine Lawson	EAG	5.39	Hobart	05-12-09
Under 13	Sophie Taylor	EAG	5.02	O.P.	11-11-07
Pre-Vet	Denise Snyder	EAG	5.05	Flora Hill	30-01-22
Veteran 35+	Tracy Farrell	EAG	4.37	Flora Hill	06-02-10
Veteran 40+	Tracy Farrell	EAG	4.37	Flora Hill	06-02-10
Veteran 50+	Carol Coad	SBE	3.93	Flora Hill	05-11-11
Veteran 60+	Joan Self	SBE	3.50	Flora Hill	23-12-17
Veteran 70+	Kathryn Heagney	EAG	2.92	Flora Hill	25-11-22
Veteran 80+					

High Jump

Open	Denise Snyder	EAG	1.82	Homebush	14-04-13
Under 20	Hannah Alderton	SBE	1.81	Homebush	12-12-04
	Denise Snyder	EAG	1.81	Canberra	03-12-08
Under 18	Hannah Alderton	SBE	1.81	Homebush	12-12-04
	Denise Snyder	EAG	1.81	Canberra	03-12-08
Under 16	Hannah Alderton	SBE	1.78	Brisbane	13-12-03
	Denise Snyder	EAG	1.78	Homebush	08-12-07
Under 15	Erin Young	SBE	1.65	Flora Hill	09-02-02
	Madeleine Lawson	EAG	1.65	Doncaster	06-12-10
Under 14	Pam Sievers	SBE	1.60	O.P.	25-02-95
Under 13	S. Martin	SBE	1.59	Homebush	12-12-04
Pre-Vet	Denise Snyder	EAG	1.70	Flora Hill	29-01-22
Veteran 35+	Trudy Haines	SBE	1.35	Flora Hill	27-01-19
Veteran 40+	Trudy Haines	SBE	1.35	Flora Hill	27-01-19
Veteran 50+	Trudy Haines	SBE	1.31	Lakeside	08-01-22
Veteran 60+	Joan Self	SBE	1.11	Flora Hill	14-01-23
Veteran 70+	Kathryn Heagney	EAG	0.90	Flora Hill	06-02-21
Veteran 80+					

RESIDENTIAL RECORDS - WOMEN

AS AT 31-12-2023

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Triple Jump

Open	Chelsea Scott	SBE	12.16	Adelaide	23-03-02
Under 20	Chelsea Scott	SBE	12.16	Adelaide	23-03-02
Under 18	Chelsea Scott	SBE	12.16	Adelaide	23-03-02
Under 16	Madeleine Lawson	EAG	11.57	Homebush	14-03-10
Under 14	Sophie Taylor	EAG	11.50	O.P.	08-11-08
Pre-Vet	Denise Snyder	EAG	11.03	Flora Hill	29-01-22
Veteran 35+	Carol Coad	SBE	9.57	Landy Field	30-01-05
Veteran 40+	Carol Coad	SBE	9.57	Landy Field	30-01-05
Veteran 50+	Carol Coad	SBE	8.63	Flora Hill	12-01-13
Veteran 60+	Joan Self	SBE	7.76	Flora Hill	16-02-19
Veteran 70+					

Pole Vault

Open	Madeleine Lawson	EAG	3.90	Lakeside	01-03-13
Under 20	Madeleine Lawson	EAG	3.90	Lakeside	01-03-13
Under 18	Madeleine Lawson	EAG	3.90	Lakeside	01-03-13
Under 16	Madeleine Lawson	EAG	3.70	Melbourne Uni	24-02-11
Under 14	Stephanie Cola	SBE	2.90	Newborough	26-01-04
Pre-Vet	Trudy Haines	SBE	2.05	Flora Hill	01-02-20
Veteran 35+	Trudy Haines	SBE	2.05	Flora Hill	01-02-20
Veteran 40+	Trudy Haines	SBE	2.05	Flora Hill	01-02-20
Veteran 50+	Trudy Haines	SBE	2.00	Ballarat	23-01-21
Veteran 60+					

RESIDENTIAL RECORDS - WOMEN

AS AT 31-12-2023

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Javelin

Open	Annabel Thomson	SBE	56.01	Grosseto, Italy	15-07-04
Under 20	Annabel Thomson	SBE	56.01	Grosseto, Italy	15-07-04
Under 18	Annabel Thomson	SBE	56.01	Grosseto, Italy	15-07-04
Under 16	Bethany Oliver	SBE	37.38	Lakeside	06-11-11
Under 15	Bethany Oliver	SBE	37.38	Lakeside	06-11-11
Under 14	Tanya Higgs	EAG	38.76	Homebush	-12-07
Under 13	Tanya Higgs	EAG	33.08	Flora Hill	07-10-06
Pre-Vet	Wendy Ryan	BYM	33.32	Epsom	26-01-92
Veteran 35+	Wendy Ryan	BYM	33.32	Epsom	26-01-92
Veteran 40+	Jayne Norton	SBE	30.11	Landy Field	25-01-20
Veteran 50+	Ros Woodburn	SBE	24.59	Flora Hill	15-01-12
Veteran 60+	Joan Self	SBE	20.49	Flora Hill	16-03-19
Veteran 70+	Kathryn Heagney	EAG	11.07	Flora Hill	07-02-21
Veteran 80+					

Discus

Open	Annabel Thomson	SBE	47.01	Homebush	27-02-04
Under 20	Annabel Thomson	SBE	47.01	Homebush	27-02-04
Under 18	Annabel Thomson	SBE	47.01	Homebush	27-02-04
Under 16	Leia Varley	BGO	44.66	Santos	08-12-17
Under 15	Leia Varley	BGO	44.53	Perth	10-03-16
Under 14	Belinda Palmer	SBE	35.02	Sydney	20-03-93
Under 13	Dianne Black	SEY	33.42	Epsom	24-01-87
Pre-Vet	Sharon Barr	SBE	36.08	Epsom	05-12-95
Veteran 35+	Sharon Barr	SBE	33.72	Epsom	26-10-96
Veteran 40+	Jayne Norton	SBE	31.45	Landy Field	26-01-20
Veteran 50+	Zoe Schenker	BYM	22.73	Ballarat	23-01-11
Veteran 60+	Joan Self	SBE	20.44	Flora Hill	17-02-18
Veteran 70+	Rhondda Dundas	EAG	14.05	Flora Hill	15-01-22
Veteran 80+					

RESIDENTIAL RECORDS - WOMEN

AS AT 31-12-2023

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Shot Put

Open	Emma Berg	SBE	16.09	Flora Hill	21-10-23
Under 20	Emma Berg	SBE	14.70	Lakeside	21-02-21
Under 18	Emma Berg	SBE	15.79	Lakeside	03-11-18
Under 16	Leia Varley	BGO	15.27	Santos	10-12-17
Under 15	Leia Varley	BGO	13.97	Perth	13-03-16
Under 14	Emma Orme	SBE	10.44	Ballarat	24-01-21
Under 13	Janelle Bond	SBE	9.55	O.P.	31-10-98
Pre-Vet	Rebecca Soulsby	BGO	9.06	Flora Hill	19-12-20
Veteran 35+	Rebecca Soulsby	BGO	9.06	Flora Hill	19-12-20
Veteran 40+	Rebecca Soulsby	BGO	9.06	Flora Hill	19-12-20
Veteran 50+	Rebecca Soulsby	BGO	9.10	Flora Hill	16-12-23
Veteran 60+	Rhondda Dundas	EAG	8.49	Ballarat	25-01-14
Veteran 70+	Rhondda Dundas	EAG	6.45	Flora Hill	20-11-21
Veteran 80+					

Hammer

Open	Olivia Graham	EAG	52.32	Flora Hill	04-03-23
Under 20	Roxanne Kellow	BYM	48.53	Flora Hill	12-01-13
Under 18	Olivia Graham	EAG	55.21	Flora Hill	07-01-18
Under 16	Karly Mitchell	BYM	48.61	Flora Hill	21-12-13
Under 14	Hailey Stubbs	BGO	44.26	Homebush	27-03-22
Pre-Vet	Sharon Barr	SBE	35.82	Epsom	23-11-96
Veteran 35+	Sharon Barr	SBE	35.82	Epsom	23-11-96
Veteran 40+	Barbara Kellow	BYM	31.32	Ballarat	22-01-11
Veteran 50+	Sharon Barr	BGO	31.14	Casey Fields	27-01-17
Veteran 60+	Rhondda Dundas	EAG	30.86	Ballarat	25-01-14
Veteran 70+	Rhondda Dundas	EAG	18.02	Flora Hill	11-12-21
Veteran 80+					

Heptathlon

Open	Denise Snyder	EAG	4553	Doncaster	20/21-02-16
Under 20	Carlie Whitford	EAG	4498	Lakeside	28-02/01-03-15
Under 18	Carlie Whitford	EAG	4673	Santos	16/17-02-13
Under 16	Michelle Collins	SBE	4440	Epsom	02/03-02-85

RESIDENTIAL RECORDS - WOMEN

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Pentathlon

Under 14	Brigitte Healey	EAG	2770 Flora Hill	18-11-06
Pre-Vet	Wendy Ryan	BYM	1984 Epsom	28-11-92
Veteran 35+	Wendy Ryan	BYM	1984 Epsom	28-11-92
Veteran 40+	Carol Coad	SBE	1677 Flora Hill	03-12-05
Veteran 50+	Carol Coad	SBE	1368 Flora Hill	22-12-12
Veteran 60+	Kathryn Heagney	EAG	1270 Flora Hill	17-12-11
Veteran 70+				

4 x 100 m. Relay

Open	Eaglehawk YMCA	50.04	Doncaster	28-11-10
Under 20	Eaglehawk YMCA	50.04	Doncaster	28-11-10
Under 18	Eaglehawk YMCA	50.04	Doncaster	28-11-10
Under 16	Eaglehawk YMCA	50.04	Doncaster	28-11-10
	Brigitte Dillon, Carlie Whitford, Madeline Lawson, Sophie Taylor			
Under 15	Regional Team	50.85	Box Hill	24-11-18
	Nyah Britts BGO, Abbey Conquer BGO, Gretel Holmes BGO, Monique Gavrialadis BGO			
Club Team	South Bendigo	52.10	O.P.	15-12-02
Under 14	South Bendigo	52.10	O.P.	15-12-02
	Ashlea Mangan, Sarah Quinn, Joanna Bromfield, Brittany Eastman			
Under 13	Eaglehawk	55.81	Ballarat	28-01-18
	Jorja Morrison, Rosy Marsh, Lily Marsh, Poppy Palmer			
Pre-Vet	Eaglehawk YMCA	1:01.95	Newborough	24-01-10
Veteran 35+	Eaglehawk YMCA	1:01.95	Newborough	24-01-10
Veteran 40+	Eaglehawk YMCA	1:01.95	Newborough	24-01-10
	Cathy Pethybridge, Tracy Farrell, Heather Carr, Kathy Heagney			
Veteran 50+	South Bendigo	1:04.88	Ballarat	24-01-21
	Carol Coad, Jackie Guillou, Debby Kirne, Trudy Haines			
Veteran 60+	South Bendigo	1:12.58	Flora Hill	12-02-22
	Peta Dawe, Joan Self, Annette Curtis, Carol Coad			
Veteran 70+				

RESIDENTIAL RECORDS - WOMEN

AS AT 31-12-2023

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4 x 200 m. Relay

Open	Eaglehawk YMCA	1:45.20 O.P.	24-02-07
Under 20	Eaglehawk YMCA	1:45.20 O.P.	24-02-07
Under 18	Eaglehawk YMCA	1:45.20 O.P.	24-02-07
	Danielle Dillon, Kelly Dillon, Sarah Park, Brittany Eastman		
Under 16	Eaglehawk YMCA	1:46.05 O.P.	11-12-08
Under 15	Eaglehawk YMCA	1:46.05 O.P.	11-12-08
	Brigette Dillon, Wilson, Madeleine Lawson, Sophie Taylor		
Under 14	Eaglehawk YMCA	1:55.40 O.P.	09-02-08
	Brigette Dillon, Shannon Dillon, Madeleine Lawson, Sophie Taylor		
Under 13	Eaglehawk	2:06.43 Flora Hill	09-12-17
	Rosy Marsh, Jorja Morrison, Lily Marsh, Sophie Dalton		
Pre-Vet	Eaglehawk	2:17.62 Flora Hill	08-02-20
Veteran 35+	Eaglehawk	2:17.62 Flora Hill	08-02-20
Veteran 40+	Eaglehawk	2:17.62 Flora Hill	08-02-20
	Kathy Heagney, Sandra Kadri, Leah Langtree, Shavaun Roberts		
Veteran 50+	South Bendigo	2:22.22 Flora Hill	09-11-19
	Jen McArthur, Carol Coad, Jackie Guillou, Debby Kirne		
Veteran 60+	South Bendigo	2:50.73 Flora Hill	20-11-21
	Carol Coad, Joan Self, Annette Curtis, Peta Dawe		
Veteran 70+			

RESIDENTIAL RECORDS - WOMEN

AS AT 31-12-2023

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4 x 400 m. Relay

Open	Eaglehawk YMCA	4:05.92	Doncaster	28-11-10
Under 20	Eaglehawk YMCA	4:05.92	Doncaster	28-11-10
Under 18	Eaglehawk YMCA	4:05.92	Doncaster	28-11-10
Under 16	Eaglehawk YMCA	4:05.92	Doncaster	28-11-10
	Courtney Schultz, Carlie Whitford, Maddie Lawson, Sophie Taylor			
Under 15	South Bendigo	4:18.86	O.P.	05-12-99
Under 14	South Bendigo	4:28.30	O.P.	15-12-95
Under 13	South Bendigo	5:50.02	Flora Hill	12-11-05
Pre-Vet	Bendigo YMCA	4:57.24	Albury	27-01-08
Veteran 35+	Bendigo YMCA	4:57.24	Albury	27-01-08
Veteran 40+	Bendigo YMCA	4:57.24	Albury	27-01-08
	Kerrianne Hocking, Lyn Crome, Anne Buckley, Jo-Anne Keely			
Veteran 50+	Regional Team	5:29.60	Box Hill	26-11-22
	Ruth Sandeman BGO, Debby Kirne SBE, Anne Buckley BGO, Jennifer Payne SBE			
Club Team	South Bendigo	5:35.63	Landy Field	28-01-23
	Trudy Haines, Jackie Guillou, Carol Coad, Debby Kirne			
Veteran 60+	South Bendigo	7:35.55	Flora Hill	25-11-22
	Carol Coad, Annette Curtis, Joan Self, Peta Dawe			
Veteran 70+				

4 x 800 m. Relay

Open	South Bendigo	10:05.17	O.P.	19-12-98
Under 20	South Bendigo	10:05.17	O.P.	19-12-98
Under 18	South Bendigo	10:05.17	O.P.	19-12-98
Under 16	South Bendigo	10:37.14	Flora Hill	13-12-14
	Taryn Furletti, Zahra Hayes, Emily Patterson, Meg Patterson			
Pre-Vet	Bendigo YMCA	11:07.43	Flora Hill	27-11-07
Veteran 35+	Bendigo YMCA	11:07.43	Flora Hill	27-11-07
Veteran 40+	Bendigo YMCA	11:07.43	Flora Hill	27-11-07
Veteran 50+	South Bendigo	13:19.35	Flora Hill	07-12-19
	Debby Kirne, Jennifer Payne, Carol Coad, Jackie Guillou			
Veteran 60+				

RESIDENTIAL RECORDS - WOMEN

AS AT 31-12-2023

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4 x 1500 m. Relay

Open	South Bendigo	21:02.39 O.P.	15-12-02
Under 20	South Bendigo	21:02.39 O.P.	15-12-02
Under 18	South Bendigo	21:02.39 O.P.	15-12-02
	Kirby Jefferies, Celia Boyle, Sibon Fuzzard, Clare McKechnie		
Pre-Vet	Regional Team	24:32.26 Box Hill	23-11-19
Club Team	Bendigo University	25:20.08 Flora Hill	14-02-20
Veteran 35+	Regional Team	24:32.26 Box Hill	23-11-19
Club Team	Bendigo University	25:20.08 Flora Hill	14-02-20
Veteran 40+	Regional Team	24:32.26 Box Hill	23-11-19
	Kathryn Heagney EAG, Debby Kirne SBE, Jill Wilkie BGO, Andrea Smith BEU		
Club Team	Bendigo University	25:20.08 Flora Hill	14-02-20
	Janet Hodnett, Melissa Douglas, Andrea Smith, Jo-Anne Russell		
Veteran 50+	Regional Team	26:02.66 Box Hill	26-11-22
	Debby Kirne SBE, Jennifer Payne SBE, Ruth Sandeman BGO, Anne Buckley BGO		
Club Team	South Bendigo	29:41.78 Flora Hill	10-01-23
	Debby Kirne, Carol Coad, Jennifer Payne, Jackie Guillou		
Veteran 60+			

RESIDENTIAL RECORDS - WOMEN

AS AT 31-12-2023

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Medley Relay

Open	Eaglehawk YMCA	4:12.09 O.P.	09-02-08
Under 20	Eaglehawk YMCA	4:12.09 O.P.	09-02-08
Under 18	Eaglehawk YMCA	4:12.09 O.P.	09-02-08
Under 16	Eaglehawk YMCA	4:12.09 O.P.	09-02-08
Under 15	Eaglehawk YMCA	4:12.09 O.P.	09-02-08
	Brigitte Healey (800), Tanya Higgs (400)		
	Jessica Pethybridge (200), Olivia Lees (200)		
Under 14	Bendigo Harriers	4:53.29 Lakeside	25-11-12
	Emily Cossar (200), Kianna Morris (200)		
	Caitlin Rowlatt (400), Kate Salvador (800)		
Under 13			
Pre-Vet	Eaglehawk	5:38.35 Flora Hill	17-10-15
Veteran 35+	Eaglehawk	5:38.35 Flora Hill	17-10-15
Veteran 40+	Eaglehawk	5:38.35 Flora Hill	17-10-15
	Wendy Ennor (200), Jenny Rusbridge (200)		
	Toni Phillips (400), Nicole Lock (800)		
Veteran 50+	South Bendigo	6:21.47 Flora Hill	17-10-15
	Joan Self (200), Annette Curtis (200)		
	Carol Coad (400), Jennifer Payne (800)		
Veteran 60+			